

DEPARTMENT OF THE ARMY EVERGLADES HIGH SCHOOL ARMY JUNIOR ROTC SENIOR ARMY INSTRUCTOR 17100 NW 48TH COURT MIRAMAR, FLORIDA 330271 PHONE: (754) 323-0557 FAX: (754) 323-9640 "MOTIVATING YOUNG PEOPLE TO BECOME BETTER CITIZENS"



ATOA-HS-JROTC

10 August 2023

MEMORANDUM FOR RAIDER COACHES AND INSTRUCTORS

SUBJECT: Standing Operating Procedures (SOP) 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition 21 October 2023.

1. Purpose: To establish responsibilities and procedures for the administration of the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition.

2. References:

- a. TC3-22-20, Physical Fitness Training.
- b. FM 3-97.61 Military Mountaineering/Rappelling
- c JROTC Cadet Desk Reference, Unit 4: Wellness, Fitness and First Aid
- d. SOP, 6th Bde JROTC Raider Challenge dtd. 2 August 2019
- e. Warning Order MOI on 6th Bde JROTC Raider Challenge Competitions 4 Aug 2019
- f. CCR 145-2 dtd. 1 Feb 2012
- g. BCAA, Eligibility Requirements, www.bcaasports.com/athletes/eligibility.htm

3. Objectives:

a. To provide JROTC Cadets a competitive program in **FIVE** military skill events. The five events for the competition follow: One-Rope Bridge, Cross Country Rescue, Team Run, Raider Fitness Challenge, and Tire Flip. The following are supporting objectives: Ethical Values and Good Citizenship, Leadership Potential, Effective Communication and Logical Thinking, Improved physical fitness, Incentive to live drug-free, Positive Self-Motivation and Management, the skills to work as a team member and motivation to graduate from high school and pursue a successful career.

b. To provide the maximum number of Raiders the opportunity to compete in military skills associated with Raider Skills competition.

c. To provide JROTC Cadets the opportunity to practice and familiarize for similar type Raider Challenge Competition held throughout the school year.

c. To provide JROTC Cadets the opportunity to practice and familiarize for similar type Raider Challenge Competitions held throughout the school year.

d. To provide an opportunity for JV Raider Teams to participate in a championship, environment at the County level.

e. To judge competing Raider Teams and recognize the top three teams in each event and overall champions is the Male, Female and Mixed categories.

4. Concept and Policy:

a. The 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual (Toppers M. Le) Raider Challenge Competition will take place on <u>October 21, 2023</u>, at Everglades High School, Miramar, FL at 0700. Please email the Meet Director with the number of teams in each category you plan to enter NLT <u>09 October 2023</u>.

SAFETY NOTE: UNDER NO CIRCUMSTANCES WILL CADETS PRACTICE ANY EVENT WITHOUT THE DIRECT SUPERVISION OF A JROTC CADRE AND RISK ASSESSMENT BEING COMPLETED ANNEX N. NO OTHER EVENTS THEN THE NINE ABOVE ARE AUTHORIZED AT ANY RAIDER COMPETITION UNLESS APPROVED BY BRIDAGE

b. There are four categories of competing Raider Teams. They are <u>All Male Teams</u>: 10 males competing at all times plus up to 2 additional male team members for free substitution at the discretion of the team captain; <u>All Female Teams</u>: 10 females competing at all times plus up to 2 additional female team members for free substation at the discretion of the team captain; <u>Mixed Teams</u>: 10 members competing at all times, 4 of whom are females plus up to 2 additional team members used for free substitution at the discretion of the team captain as long as at least 4 females compete in each event. Mixed teams may have more than the minimum females and no less than 2 males. Female cadets can compete on male teams; they must compete as if they are a male and not a female. <u>JV teams</u> can compete with any mix of 10 male and female cadets with 2 alternates used for free substituted at the discretion of the team captain. Schools are not permitted to enter a JV team unless they enter a Male Team and/or Mixed Team. (If the composition of the JV Team would fit into one of the 'varsity' team categories and your school has not entered a team in that category, they are then considered a 'varsity' team).

c. All competing teams <u>will</u> attend the awards ceremony.

d. The SAI/AI's of the competing teams will plan for all matters associated with travel, feeding, security of personal belongings, and accountability of personnel and equipment while competing at the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition.

e. Cadre Uniforms.

1) ALL JROTC Cadre **regardless** the reason for attendance will wear the OCP uniform with authorized headgear.

All cadets will compete in a modified ACU uniform. The modified ACU Uniform will consist of the ACU jacket with school logo t-shirt / tan t-shirt underneath, ACU trousers, rigger belt, socks, running style shoes (no spikes), is authorized for the Team Run and Relay Run. A water carrying devise (pistol belt, full canteen with cover, water bottle, camel back) and ACU Cap. At a minimum, cadets may wear the JROTC tag on the front of the jacket. The ACU Cap does not have to have the cadet name on the back. Programs with approved Distinctive Unit Insignia are allowed to wear them on the ACU jacket. Cadet names on ACU jacket is a uniform violation.

f. Judges: Will primarily come from JROTC Cadre, Army Reserve, Army National Guard, Active Duty, Army, Navy, Marine Recruiters, Retired Soldiers, Officers and local college ROTC Cadets assisted by current and former Everglades JROTC cadets.

g. Entry Fee: Entry fee is capped at \$80.00 for each team entered. This pays for all ribbons, and trophies. Please make checks payable to: **Hooah Club Inc**. SAI's may send payments before the date of competition but must make final payment during registration on <u>21</u> <u>October 2023</u>..

h. A published price list for the traditional Subway lunch box meal packages will follow at a later date. Teams are encouraged to pre-purchase meals but must not feel obligated to purchase or support the EHS Hooah Booster club. If you choose to, please make checks payable to: <u>Hooah Club Inc at</u> the day of the event at registration.

5. Responsibilities:

a. Everglades JROTC:

(1) Overall responsibility for the conduct of the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition.

(2) Provide payment for trophies and awards for the 2023 Everglades JROTC Gator Battalion 11th Annual Raider Challenge Competition.

(3) Provide the Meet Director for the 2023 Everglades JROTC Gator Battalion 13th Annual Raider Challenge Competition (LTC (Ret) Ken 'Spike' Spielvogel).

(4) Coordinate for JROTC Cadre and other judges as required.

(5) Final approving authority for any grievances or judging decisions at the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition.

b. SAI's/AI's: Prepare your respective teams for competition IAW the provisions of this SOP and event annexes published separately.

(1) Each Raider Team will provide the Director, 2023 Everglades JROTC Gator Battalion (Topper M. Le) 13th Annual Raider Challenge Competition with a list of all cadets participating, a letter certifying that you or your school has provided additional insurance as required by this SOP. Each Raider Team will provide a **Statement of Eligibility** that lists all of the members of the Raider Team and certifies that each Raider is enrolled in JROTC for the current school year and meets the Florida State Athletic Association rules for eligibility for participation in extracurricular high school sports. At a minimum, a school official (**principal**, **assistant principal, or head counselor**) must sign the **Statement of Eligibility**. DAI's, SAI's, and AI's cannot sign the form. Teams will not compete without this form (all team members must have a minimum of a 2.0 unweighted GPA). (**NO CALL IN'S ALLOWED AT THE EVERGLADES JROTC GATOR BATTALION (TOPPER M. LE) 13TH ANNUAL RAIDER CHALLENGE COMPETITION.**

(2) Ensure your team(s) follows the meet schedule and rotation plan.

(3) Supervise your Cadets at all times, especially in the rest room areas, and throughout the entire campus. Destruction of campus facilities and other schools property is absolutely not tolerated.

(4) Ensure all cadre, parents, boosters, etc. REFRAIN FROM COACHING ONCE THE COMPETITION BEGINS – encouraging your team is welcomed but NO COACHING PLEASE! Allow the designated Raider Team Commanders to lead their teams and make leadership decisions. **SAI's/AI's** must ensure all parents, family members, relatives, and friends **DO NOT** bring **PET's of any type, to include dogs, cats, birds, snakes, goats, etc.**

(5) Will coordinate with the representative from the Everglades High School on all grievances and judging decisions to ensure that they agree with this SOP.

6. Scoring Procedures: Verification of all score sheets for administrative accuracy will take place while the team is in the ready area. The competing team's score sheets will be completed prior to the beginning of competition. Immediately after the performance is completed, the event Head Judge will give a quick out brief to the Raider Team's Commander. SAI's/AI's may listen but cannot contest or question the Head Judge. The Head Judge will give the score sheet to the scoring committee responsible for tabulating the scores. Upon completion of the tabulation process, all score sheets are placed in each school's/team's folder and are available for pick-up immediately following the awards ceremony. In the event of a tie for overall team trophy placement determination, <u>the total team time on the 5km team run or relay run is the deciding factor.</u>

7. Protests and Appeals: Should any protest, dispute or appeal of a judge's scoring or any other similar circumstance arise, it is the responsibility of the 2023 Everglades JROTC Gator Battalion 13th Annual Raider Challenge Competition Meet Director to decide on the question/issue. No further appeal is available. Submit all protests in writing to the Meet Director within 30 minutes of the conclusion of the protested event and only by a Cadre member from that school/team.

8. Penalties:

a. Participating teams will meet all scheduled events as outlined in the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition Itinerary of Events (TBP once all of the participating teams are identified). <u>ALL TEAMS</u> will have a rotation schedule for the 5 events. If a team fails to make their rotation report time to their next event, that team will lose ten points/seconds for every minute late. After 10 minutes, the team is disqualified with no points/time earned for that event. Teams that are delayed due to event backlog must send a team representative to their next scheduled event OIC and report the delay and give the approximate time the team will arrive.

b. Any team that fails to show up with their entire team **<u>is disqualified</u>** from participating in that event.

c. A 50 penalty point/seconds per occurrence is levied on all teams that report without proper uniform/equipment. Disqualification may take place depending on the event and significance of the violation as it relates to safety and the teams' ability to accomplish the event. Event OIC must make an annotation on the offending team's scorecard what the violation was and what decision was rendered.

d. In any case of unsportsmanlike conduct involving a team member or the entire team, the Meet Director will determine the severity of the infraction and may assess any penalty up to and including disqualification from an event to the entire 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition.

e. Substitutions of the two authorized additional cadet team members is allowed during the competition before any event starts. All team members who are on the official team roster at the start of the competition can compete in any event at the discretion of the team captain. Regardless of the substitutions of additional cadet team members by the captain, teams must meet the minimum gender requirements specified in paragraph 4. c of this SOP. **Bottom Line:** Your team captain may choose between any team members on the registered roster to construct the team best suited to maximize team performance in that event while meeting gender requirements.

f. Cadets will follow CCR 145-2, paragraph 10-6, Personal Appearance in regard to hair color, length, styles and authorized accessories (female wearing ribbons, bows, etc.) and jewelry while wearing the modified ACU (any type earrings, rings, bracelets, etc.) in the field environment. If a cadet is found in violation, 50 penalty points/seconds is automatically added to their overall score per occurrence. If four or more cadets have uniform violations there is a 10 minute team penalty, more than six cadets the team is disqualified.

g. Deviations from this SOP must receive approval by the meet director or his/her representative for this Raider Challenge Competition. No coach, instructor, or team is authorized to practice or walk any part of the Everglades High School training course, (located at Everglades High School). Full disqualification from the entire competition is the penalty for any team/s found practicing or on the course before the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition. The Everglades Raider team which owns and

practices on the meet site is the only school that is excused/exempted from disqualification.

9. Awards:

a. Ribbons. Each team that places 1st, 2nd, or 3rd in the 5 events conducted will receive Toppers. M. Le Raider meet Ribbons for each of the ten team participants.

b. The team that places 1st, 2nd, or 3rd overall in the three categories of teams (Male, Female, and Mixed) will receive trophies.

c. Schools that enter more than one team per category are eligible to receive only one 1^{st} , 2^{nd} , or 3^{rd} place recognition.

10. Inclement Weather Procedures: In the event of light rain all competition will continue as scheduled. In the event of severe storms or lightning, competition will cease immediately. Judges, Coaches, and ALL Raider Teams will move to the nearest building or safe area and wait for instructions, from the meet director. At that time a weather decision will take place based on weather reports. If the competition is halted, the following rules will apply:

a. If due to inclement weather any event in which more than half of the competing teams have completed, the results in that event will stand and accolades awarded to team placement up to that point.

b. Events that are less than half completed as a result of inclement weather, no results and scoring will take place and therefore no further awards presented.

c. Due to the nature of the event, all funds are used to purchase the necessary items to support the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition. The Everglades JROTC program is not in a position to reimburse schools if the inclement weather procedures go into effect and the competition is not completed.

d. All coaches/judges will meet in Room 220 at 0620 on 21 Oct 2023 to finalize decisions impacting the conduct of events the competition, final uniform decision, to discuss judging specifics and weather information. Event briefing will start promptly at 0700.

11. Safety:

a. Responsibility: Cadre at every level are responsible for conducting a continuous, rigorous safety program. Cadre must ensure that adequate provisions for safe physical standards are incorporated into all aspects of training (see CCR 385-10, Cadet Command Safety Program).

b. Safety Requirements:

(1) The Meet Director will have a Composite Risk Management Worksheet completed for all of the events prior to the start of competition. Weather will determine the daily risk assessment and changes to events for safety reasons.

(2) All applicable training and safety publications are available and adherence to them is a must during the conduct of the 2023 Everglades JROTC Gator Battalion (Toppers M. Le) 10th Annual Raider Challenge Competition.

c. Qualified Medical Support is on call during the conduct of ALL Events.

d. Accident/injury reporting requirements are contained in USACC Regulation 385-10.

12. POC for the 2022 Everglades JROTC Gator Battalion (Toppers M. Le) 13th Annual Raider Challenge Competition is Meet Director; LTC (Ret) Ken 'Spike' Spielvogel at 754-323-0557; kenneth.spielvogel@browardschools.com.

Kenneth W. Spielvogel

KENNETH W. SPIELVOGEL LTC (Ret), U.S. Army Senior Army Instructor

ANNEXES:

- A. Raider Fitness Challenge
- B. One Rope Bridge
- C. Cross Country Rescue
- D. Team Run
- E. Tire Flip
- F. Statement of Insurance
- G. Statement of Eligibility
- H. Covenant Not to Sue
- I. Risk Assessment
- J. Power of Attorney
- K. Cadet Uniform and Appearance Standards

ATOA-HS-JROTC

ANNEX A (Raider Fitness Challenge) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).

RAIDER FITNESS CHALLENGE

1. Task: Complete the Raider Fitness Challenge course which is designed to examine strength, stamina, strategy and endurance of the team of cadets over a course approximately ½ mile in length using various obstacles.

2. Conditions: During daylight hours and under existing weather conditions, each member of the ten-member Raider Team will complete the Raider Fitness Challenge in the Raider Team uniform: Boots, ACU trousers, and school t-shirt with sleeves or ACU t-shirts. Cadets may wear ACU tops may depending on weather conditions. Cadets will **not wear gloves** for this event.

3. Standards: The Team is scored on the amount of time that it takes all 10 members to complete the course.

4. Concept:

a. A course is set up IAW the diagram in this annex. Time is recorded as the team completes the course. The grader will command "Get set…Go" which will start the clock. The course will consist of the following items in order:

1. Approximately 10 yd. low crawl with 5 lanes established.

2. **Approximately** 40 yd. Water Can, Ammo Can, Kettle Bell, or Weighted Sandbag (each item will vary in weight from 10-30 lbs.) carry.

3. An obstacle to either go over or under (The Osterfeld Obstacle)

4. A speed agility maze

5. A weighted object to carry around approximately 50' in length

6. A turn around point (either a cone or pole) and repeat of the course in reverse.

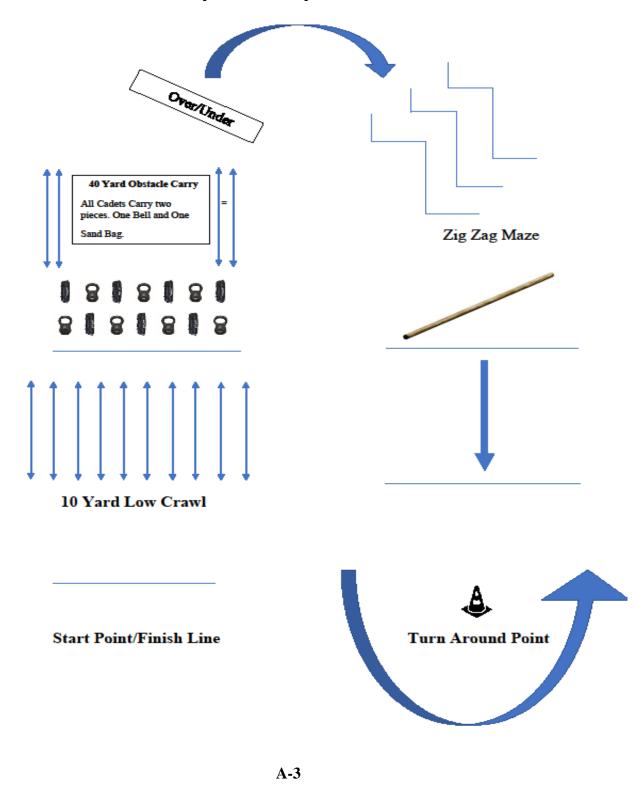
b. There is only one team on the course at a time. Teams should complete the course within 5-6 minutes. Any team still on the course at the 10-minute mark, the team is stopped by the grader and will receive no time for that event. Phase Two of the course will feature enough items for each team member to carry two items on during this phase of the course. The weighted object used will not weigh more than 250 pounds. The <u>entire</u> team will have to pick the object up as a team and transport it **50 feet** which designated by a line. The team will have to go around the turnaround point and complete the course in reverse so that all items are returned or placed in the original order where the team picked them up from. Once a cadet crosses the finish line he or she cannot go back to assist. Their event is completed at that point. Once the last cadet crosses the finish line, time will stop.

c. Judges will record each Team's total time on the score sheet. Once the Raider Team completes the event score sheets are sent to the Raider Meet Headquarters for verification and posting.

A-1

d. Judges will instruct the team to make sure all equipment is returned to the original location before continuing to the next phase. If not corrected and they continue, the team will receive a 2-minute penalty.

ANNEX A (Raider Fitness Challenge) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).



This is an example of lane setup no matter the number of cadets.

ATOA-HS-JROTC Annex A: (Raider Fitness Test) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>**RAIDER FITNESS CHALLENGE**</u>

RFC SCORE CARD

TEAM/SCHOOL ______TEAM CHECK IN TIME _____

TYPE TEAM (CIRCLE ONE)

MALE

FEMALE

MIXED

PENALTY TIME

Note: A 50 second team penalty is added to the total team time for a cadet that goes back to assist another cadet once the first cadet crossed the finish line.

CADET CROSSED FINISH LINE BACK TO ASSIST OTHER CADETS OF VIOLATIONS 50 SEC = _____

Uniform penalties CCR 145-2, paragraph 10-6, Personal Appearance and wear of the uniform. (10 seconds per occurrence; 4 or more cadets = 5 min; 7 or more cadets = DQ)

Sportsmanship Penalties: 30 seconds or disqualification for multiple violations.

ROUTE TIME _____

PENALTY TIME _____

TOTAL TIME _____

COMMENTS:

SCORER'S NAME: _____

Please sign your name

ATOA-HS-JROTC ANNEX B: (ONE ROPE BRIDGE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>ONE-ROPE BRIDGE</u>

1. TASK: Construct a one-rope bridge spanning approximately 40 to 100 feet. For this meet, males will compete at 60 feet, 55 feet for mixed, and 50 feet for female competitors and JV.

2. CONDITIONS:

a. Under existing weather conditions and in a field environment each Raider Team will cross a 40 to 100-foot obstacle (stream or marsh crossing) on a one-rope bridge. The current bridge sites at Everglades High School provide; one 60-foot Bridge, two 55 foot bridges, and two 50 foot bridges.

b. Teams will make only one timed crossing and will compete against the clock. Time will not stop during the conduct of the event unless Teams go over the 10-minute time limit. Judges will calculate penalties for rule infractions and safety lapses. Total event time is calculated from the crossing time plus any charged penalty time.

c. Ten cadets will compete as a Team in this event. Teams with less than 9 will not compete. All Raiders must cross the obstacle on the rope with the exception of the first and All Raiders with all equipment (pistol belt, canteen and canteen cover) must cross the obstacle on the rope with the exception of the first and last Raider.

d. All Team members will wear a complete ACU uniform. Team members will not ground their caps with other equipment. Team members will carry caps in the cargo pocket prior to commencing construction of their one rope bridge. The Meet Director may make uniform adjustments at the beginning of the meet depending on climate and heat category readings. The team may ground some type of water carrying devise (pistol belt, full canteen with cover, water bottle, camel back) and extra equipment. ACU caps must remain with the cadets.

e. The bridge site will include a suitable anchor point on the near and far-side of the obstacle, mounting and dismounting points, and barriers (log, plank or tape) to mark the obstacle boundary.

f. Each Raider team is responsible for providing their own equipment; 1-bridge rope minimum requirement 120 feet long X 7/16inch diameter (static rope), 8-10-Swiss ropes 14 feet or longer X 7/16inch diameter, and proper number of snap links to construct rope bridge and Swiss seats.

3. STANDARDS: IAW the new TC 3-97.61 dated July 2012

a. To secure the Swiss seat, teams <u>must</u> use a <u>square knot</u> and with an <u>overhand knot</u> at each side of the square knot to prevent the knot from becoming untied with at least a four (4) inch pig tail on each knot. First and last Raider may wear sling ropes tied around their waist using a <u>Swami belt (pg. 6-28)</u>. The Swami Belt is tied IAW TC 3-97.61, Military Mountaineering page 6-28 using at least two wraps around the waist and tied off with a square knot with overhand safeties with a minimum 4 inch pig tail on each side. An end of the line bowline w/overhand knot or figure 8 hooked into the far side Raider's snap link is used to secure the far side Raider while crossing the stream.

The Swiss seat (rappel seat) is tied IAW TC 3-97.61, Military Mountaineering page 4-29. Note: On Step 5, the two ends may travel from bottom to top or top to bottom as long as a half hitch is created on both hips creating a bite.

b. The only knots allowed for the far side anchor point are one round turn around the anchor point secured by two half hitches, or a tensionless anchor knot (see Pg.5-6) with a minimum of 4 round turns around the anchor point secured by a snap link which is then secured to the rope bridge rope by an end of the line bowline w/overhand knot or figure 8 knot. The only knots allowed for the near side anchor point/tightening system are the wireman's knot and /or the figure 8 slip knot (**Transport Tightening System Pg. 7-15 Fig 7-10**) as the tightening system knot; two round turns around the near side anchor point secured by two half hitches. The half hitches on a bight are not required to go over all ropes as long as it provides a safe knot extending toward the tightening system knot.

c. The two anchor knots, the wireman's knot or a figure 8 slip knot (teams may use either to construct the one rope bridge) the two half hitches on a bight will receive a visual inspection for safety prior to Raiders mounting the bridge rope. If improperly tied, the team is STOPPED (allowed to fix knots but time still continues to run).

d. Teams may tie their Swiss Seats before checking into the OIC. The OIC must watch the team back feed the rope in the duffle bag or similar container. The team will be given five minutes to tie their Swiss Seats and to prepare their rope by back feeding the rope in the duffle bag or similar container. When the team captain feels his team is ready for inspection, he or she will call time and the time stops. If a seat is unsafe the team does not get the remaining minutes to tie the seat without penalty. The Swiss seat must pass the CHECKPOINTS on page 4-29 of the TC 3-97.61 to be considered safe and a team penalty is charged for unsafe seat.

e. When crossing, <u>only three Raiders</u> can clip onto the rope bridge with the Swiss seat at any one time. While crossing, each <u>Raider is not required to have one leg/foot</u> in contact with and over the bridge rope. Disassembling of the bridge will only commence when the last Raider has crossed and safely unclipped on the far-side.

4. CONCEPT: Upon arrival at the bridge site, the Team will enter the holding area with their bridging equipment and wait for further instructions from a guide or judge. Teams will receive a safety briefing and receive the Task, Conditions and Standards for the event. When a lane is clear, the Team will then move to the preparation area, receive a site orientation and begin the 5 minute cross preparations, for tying Swiss seats and to prepare their rope. **"Time Start"** begins the exercise /event. **"Time Stop"** ends the crossing/event, the team then gathers their equipment, is given a short debrief, and proceeds to the next event.

5. BRIDGING PREPARATION, CONSTRUCTION, CROSS, & DISASSEMBLY:

a. Preparation:

(1) The first and last Raiders can tie either a **Swami belt (pg. 6-28)** (around-thewaist harness or a Swiss Seat. The recommended method for the Swami Belt is with rope that is double wrapped around the waist and tied off with a square knot with overhand safeties with a minimum 4-inch pig tail on each side. The snap-link is then clipped around all coils of the harness. The remaining Raiders will tie Swiss seats with snap-links to aid in transporting themselves across the rope bridge. The snap-link is centered on the body and closed over all the rope parts with the gate facing up and away from the body. A snug seat is a must and is the only standard.

(2) The minimum requirement is a 120 foot or longer bridge rope which is uncoiled and back fed (TC 3-97.61 par 4-25) into a Duffle bag, bucket, tub with one end sticking out or over the side of the opening and not touching the ground.

b. Construction: Teams can conduct the following steps simultaneously, but all teams must complete them.

(1). Step One: The Far-Side Raider ties an end of the line bowline w/overhand knot or figure 8 and snaps in before crossing into the stream (dead zone) and is belayed across the stream, (no figure 8 across the body). Belaying involves a stationary Raider managing and controlling the bridge rope as the Raider crosses the obstacle. (pg. 9-5). Avoid too much "slack" in order to sense the movement of the crossing Raider and to ensure an immediate safety response.

(2) Step Two: When the Far-Side Raider reaches the far-side, he/she unclips once out of the dead zone and moves to the anchor point and prepares to tie one of the approved anchor knots.

NOTE: A cadet my execute **Step three** at the same as **Step one and two** as long as the Far side Raider is on belay.

(3) Step Three: On the near-side, approximately 3 Meters from the near-side anchor, a wireman's knot or figure 8 slip knot on a bite is tied into the bridge rope, using a wooden, metal, plastic stick/implement or a snap links (Mandatory), to aid in the disassembly of the knots or also used for securing the near side. (Transport Tightening System Pg. 7-15 Fig. 7-10). Inserting the stick/implement is accomplished by placing it into the upper wing above the butterfly of the knot (upper bight of the wireman's knot). The stick/implement or snap links may not be used as a speed tightener.

The fixed loop formed in the knot must naturally lie toward the near-side anchor. The fixed loop is placed into **one (locking carabineer/snap link minimum standard are 9 kilo Newton (KN) military steel or aluminum)** or (2) snap-links with gates opposed Pg. 5-5. The remainder of the bridge rope is routed around the anchor point and through the snap- links. Carabineers cannot be altered or modified in any way if so, teams are Disqualified from the event. links with gates opposed Pg. 5-5. The remainder of the bridge rope is routed around the bridge rope is routed around the anchor point and through the snap-links. Coaches or cadets cannot alter or modify carabineers in any way. If so, the team is disqualified from event.



(4) Step Four: When the bridge rope has passed through and is secured by the two (2) snap-links in the wireman's knot or figure 8 on a bite, the far-side Raider now detaches the "temporary" snap-link and pulls the wireman's knot or figure 8 on a bite out from the near-side anchor point approximately 4 to 6 feet and then secures the bridge rope to the anchor with a round turn and two (2) half hitches on a bite w/4" pig tail, or tensionless anchor knot ensuring the knot is at least waist high.

(5) Step Five: The Raiders on the near-side tighten the bridge rope with their pull team. The pull team on the near side pulls the slack out of the bridge rope. The snap link or two (2) snap-links should be close enough to the near side anchor to allow personnel to easily load the bridge. The bridge rope is tight enough to prevent crossing Raiders from contacting the stream. The transport tightening system is then secured to the anchor using a round turn and two (2) half hitches on a bight w/4" pig tail. The half hitches do not have to pass around all ropes between the anchor point and the wireman's knot or figure 8 on a bite or slip knot.

c. Crossing: The Raider will use the Rappel Seat Method (pg. 7-20), with the carabineer facing up and away from his/her body. He/she then faces the rope and clips into the rope bridge. He/she rotates under the rope and pulls with his/hers hands and arms to make progress until across the obstacle. No more than three (3) Raiders are on or clipped (carabineer closed) onto the bridge rope at any one time. No part of the body or equipment may touch the obstacle (dead zone) when hooking up or getting off the rope bridge. (Do not touch the boundary marker or any part of the obstacle). Raiders are not required to have one leg or foot in contact with bridge rope as long as the cadet is clipped onto the rope.

d. Disassembly:

(1) When the last Raider has crossed and unclipped from the bridge rope the team may untie the far-side anchor, while the Near Side Raider disassembles the transport system on the near-side. He/she can tie a bowline w/overhand in the end of the bridge rope or uses the existing Wireman's or Figure 8 loop and secures the snap-link on his/her waist harness. During the construction or crossing the team may tie the bowline. The Near Side Raider is then belayed across the obstacle by Raiders on the far-side.

(2) Once the Near Side Raider is across, all **tied** knots (the wireman's knot or figure 8 on a bite and bowline knot) are removed from the bridge rope. When the Team leader is certain that all **tied** knots are out of the rope, equipment, Raiders are accounted for, and the obstacle is cleared he/she will call **"TIME"**. Team members do not have to remove any individual equipment or remove or untie any Swiss seats/around-the-waist harnesses.

6. SCORING: The score earned by the Team is calculated on the total time based the time for the crossing plus any penalty time. The fastest time is first etc. (See Score Sheet B-7)

7. PENALTIES: 50 second penalties are assessed for the following rule violations.

a. Equipment/Preparation/Inspection Penalties:

(1) The Raider Team not having at a minimum (1) - 120-foot-long X 7/16-inch diameter static bridge rope, 10- Swiss seat ropes 14 feet long or longer X 7/16-inch diameter, or enough snap links to build the bridge and Swiss seats.

(2) A Swiss Seat that is determined unsafe.

b. Construction Penalties:

(1) Far Side Raider fails to secure the bridge rope to his/her waist harness with a figure 8 or bowline knot w/overhand and snap-link.

(2) The Far Side improperly belayed across the stream

(3) Far-Side Raider fails to tie one of the approved anchor knots.

(4) Failure to tie the wireman's knot or figure 8 slip knot – If the team must retie for safety– safety stop, time continues to run. The wireman's knot must naturally lie toward the near-side anchor and both ends should exit opposite each other without any bends, the loop formed in the wireman's and figure eight slip knot must not be less then twelve (12) inches in length, and the steel carabineer opening gate must be up, locked and away from the loop, if two snap links are used gates must be opposed and form a X when locked.

(5) Failure to secure the bridge system on the far-side or near-side with round turns with two (2) half hitches on a bight.

c. Crossing Penalties:

(1). Mounting (clipping onto) the bridge rope before all bridge knots are secure.

(2). More than three (3) Raiders on the bridge rope or clipped onto the bridge rope at any one time MORE THEN FOUR (4) DISQUALIFIED.

(3). Each Raider who enters and touches the obstacle with his/her body this includes members on the far and near-side attempting to assist Raiders who are crossing. Any equipment that the Raider loses in the obstacle while crossing or mounting and dismounting of the bridge.

NOTE: <u>The Remaining Raiders "CAN" touch while crossing, as long as they don't push</u> off with their FEET and they don't stand up and run across.

(4). Parts of the uniform/equipment dropped into the obstacle is a 10 second TEAM penalty.

(5). Less than seven (7) Raiders crossing on the rope bridge disqualified.

d. Disassembly Penalties:

(1) Near Side Raider fails to secure the bridge rope to his/her waist harness with a figure 8 or bowline knot w/overhand, or transport knot and snap-link before entering into the dead zone.

(2) Near side Raider crosses with no belay.

(3) All tied knots/snap links not removed from the rope.

e. Other:

(1) Safety issues – clock runs while corrected.

(2) Sportsmanship – profanity, abusive or unethical conduct –possibly disqualification depending on the nature of the conduct.

SWISS SEAT CHECKPOINTS

1. THERE ARE TWO OVERHAND KNOTS IN THE FRONT

2. THE ROPES ARE NOT CROSSED BETWEEN THE LEGES

- 3. A HALF HITCH IS FORMED ON EACH HIP
- 4. SEAT IS SECURED WITH A SQUARE KNOT WITH OVERHAND SAFETIES ON THE NON-BRAKE HAND SIDE

5. THERE IS A MINIMUM 4-INCH PIGTAIL AFTER THE OVERHAND SAFETIES ARE TIED.

ATOA-HS-JROTC ANNEX B: (ONE ROPE BRIDGE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>ONE-ROPE BRIDGE SCORE SHEET</u>

TEAM TYPE: (Circle one)MaleFemaleMixed

SWISS SEATS AND SWAMI BELT ARE SAFE TEAM PENALTY Disqualification Penalties:

- Less than 9 cadets or less than four females and 2 males on a Mix Team (DQ)
- _____Walking/Running across obstacle vs. crossing on rope (DQ)
- _____Rope Bridge Failure (**DQ**)
- _____Use of Speed Tightener (twisting dowel/stick or the snap links in the knot.) (DQ)
- _____More than four Raiders snapped into the rope bridge at one time (DQ)
- _____ Seven (7) or more cadets with uniform violations (**DQ**)

Set-Up Penalties:

Only 9 competitors (**50 second penalty**)

Construction Penalties: (20 seconds per incident):

_____No Bowline w/safety, or Figure 8 not used for Far-Side Raider

_____Far-Side Raider not snapped while in the dead zone

_____Far-Side Raider not belayed while crossing the dead zone

_____Far-Side Raider failed to complete more than 360 degrees or fails to tie tensionless anchor and remain that way until near- side is "secure" (transport tightening system complete)

Incorrect far-side knot anchor knot (round turn w/2 half hitches –or- tensionless anchor with a minimum of 4 wraps)

____Near-Side fails to tie a proper wireman or figure 8 slip knot for the transport knot

Single locking snap link not 9kn or higher and properly locked w/gate closed

_____Single locking snap link is position incorrectly (the steel carabineer opening gate must be up, locked and away from the loop)

_____Two snap links (if used instead of 1 single locking snap link) are not opposed with the gates forming an "X" when depressed

Incorrect near-side knot (must use a round turn w/2 half hitches)

____Any Raider is snapped into the bridge rope prior to the near side knot being completed

Crossing Penalties: (20 sec per incident): (20 seconds)

Danger area violation(s) (1, 2, 3, 4, 5, 6, 7, 8) (circle "1" for 1st, "2" for 2nd, etc...) More than 3 Raiders snapped into the rope bridge at one time

_____Failure to bring all rope bridge and each Raiders gear across to the far-side

Failure to bring all rope bridge equipment and each Raiders gear across to the farside (Duffle bag or container used to back lay the rope in is not part of rope bridge equipment)

Deconstruction Penalties: (20 sec penalty):

_____Near-Side or Far-Side knots untied prior to last Raider being removed from rope ______Near-Side Raider not fully snapped into rope knot prior to entering danger area ______Near-Side Raider not properly belayed across the danger area

_____All knots and snap links are not out/off rope prior to Team Leader (TL) calling "time"

Uniform penalties: CCR 145-2, paragraph 10-6, Personal Appearance and wear of the uniform. (**10 seconds per incident; 4 or more cadets = 5 min**)

Sportsmanship Penalties: (30 seconds, or disqualification for multiple violations)

TOTAL PENALTIES: x 30	seconds	S =	Mir	nute(s),	,	Seconds	
			~				

RAW TIME: _____-Minute(s), _____-Seconds, _____-10ths of Seconds

FINAL TEAM ADJUSTED TIME: _____-Minute(s), _____-Seconds, _______

Judge Name/Signature: _____

Team Captain Name and Signature:

Team Arrival Time: _____

Team Departure Time:

ATOA-HS-JROTC ANNEX C: (CROSS COUNTRY RESCUE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>CROSS COUNTRY RESCUE</u>

1. **TASK:** 10 member Raider Team will transport a simulated casualty over approximately one mile course on an unimproved terrain and load on a simulated UH-60 Helicopter (a marked area 12 feet by 7 feet will simulate the cargo area of a UH-60 Helicopter). The course will have obstacles such as (low crawl, hurdles, tires, walls) that all Team members, along with the weighted litter and ruck sacks must negotiate along the route. The objective is to complete the course in the shortest time.

2. **CONDITIONS:** The uniform for the Cross Country Rescue is ACU/OCP trousers, rigger belt, Team or tan t-shirt, ACU/OCP shirt and boots and some type of water carrying devise (pistol belt, full canteen with cover, water bottle, camel back). Each Raider Team must begin and end this event with the same 10 members. No substitutes are allowed after the event starts. Each raider team will have to carry a litter with a pre-tied container(s) weighing approximately 80 pounds and three rucksacks with each weighing approximately 25 pounds over a marked course. Each raider team is given 5 minutes to prepare for this task, making sure the assigned rucksacks are good and the empty litter is ready. The pre-tied containers will display appropriate security to a litter for the team at a designated point in the course. The course will have approximately five obstacles that all team members, along with the weighted litter and ruck sacks must negotiate along the route. At the end of the route, and at a designated point in the course, there is an area 12 feet by 7 feet which simulates the cargo area of a UH-60 helicopter.

3. **STANDARDS:** All 10 Raider Team members will move to the adjacent litter carry area. Upon arrival, of the first cadet the 5 minute time prepare clock starts. The Raider Team Captain will notify the evaluator when the team is ready to begin. Upon the command "GO" each Raider Team will transport the simulated (empty) litter and the rucksacks to their destination in the fastest possible time. Upon reaching the obstacle all team members and all equipment must negotiate all obstacles. Once the team reaches the designated point in the course where they will find a weighted litter with a simulate casualty. They will ground the empty litter and pick up the weighted simulated casualty liter and continue on the marked course, when they return where they picked up the casualty, they will load the casualty simulated UH-60 helicopter clearly marked 12 feet by 7 feet area. The entire litter is placed inside the marked area before continuing. Once the empty litter and return to the start point where they arrived once again at a simulated UH-60 marked area. All equipment and team members place themselves in the simulated UH-60 (marked Area) before they call time, and the time stops.

ATOA-HS-JROTC ANNEX C: (CROSS COUNTRY RESCUE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>CROSS COUNTRY RESCUE</u>

a. Cadets will not throw or drag equipment (except under the obstacle).

b. No rucksacks are carried or attached to the litter in any manner.

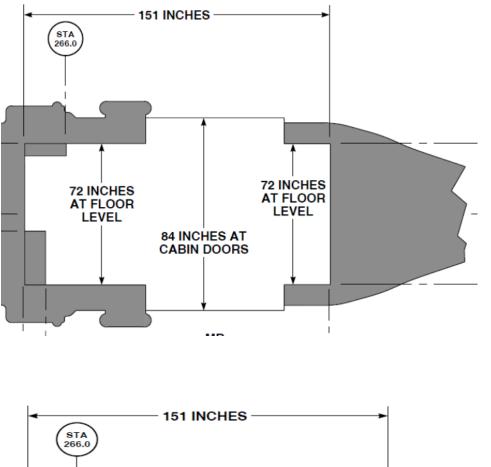
c. Each Raider Team Commander may task organize their Teams and decide how many cadets will carry the litter and who is carrying the rucksacks and how they switch off during the actual event.

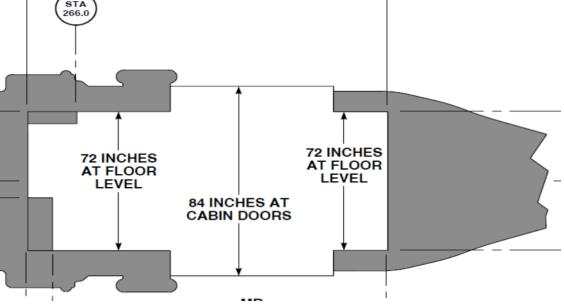
d. A raider team member can put their equipment in the simulated UH-60 cargo cabin and go back to aid their team members. All team members must remain within line of sight of each other.

e. Once ALL Raiders and all equipment are on the simulated UH-60 time will STOP. **There is a five (5) minute penalty** included for any equipment not placed on the simulated UH-60 when time is called.

ATOA-HS-JROTC

ANNEX C: (CROSS COUNTRY RESCUE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>CROSS COUNTRY RESCUE</u>





C-3

ATOA-HS-JROTC ANNEX C: (CROSS COUNTRY RESCUE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), CROSS COUNTRY RESCUE

Cross Country Rescue Score Sheet

SCHOOL	
TEAM TYPE (Circle one)	

MALE	FEMALE	MIXED	JV
MALE		MIXED	JV

PENALTIES

_____ Any equipment not on the 2ndsimulated UH-60 when time is called by the team commander (5 minutes)

_____ Number of uniform penalties IAW CCR 145-2, paragraph 11-6, Personal Appearance and Wear of the Uniform. (10 seconds per occurrence; 4 or more cadets = 5 min; 7 or more cadets = DQ)

<u>_____</u> Number of sportsmanship penalties (30 seconds per occurrence or disqualification for multiple violations)

ROUTE TIME _____

PENALTY TIME _____

TOTAL TIME _____

COMMENTS:

SCORER'S PRINTED NAME:

Team Captain Name and Signature: _____

Team Arrival Time: _____

Team Departure Time: _____

C-4

ATOA-HS-JROTC ANNEX D: (TEAM RUN) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>TEAM RUN</u>

1. TASK: Each Team must complete a 5 Km Team Run over a designated marked course along an unimproved terrain.

2. CONDITIONS: During daylight hours and under existing weather conditions, each 10 member Raider Team will negotiate approximately a 5 Km course consisting of unimproved terrain and sandy trails in their prescribed Raider uniform (ACU/OCP trousers, Team or tan t-shirt, some type of water carrying devise (pistol belt, full canteen with cover, water bottle, camel back) and running shoes). Team members must stay together and run within 10 meters of each other. Coaches, parents, chaperones or other team members **must not and will not** run with the team.

3. STANDARDS: Team scores are based on the total time it takes for the Team to finish the course. All Raider Team members must cross the finish line within 20 meters (THAT IS CLEARLY MARKED) of each other and the time will stop when the last member of the Team crosses the finish line. Raider Team members cannot push, pull, hold hands or carry their teammates at any time during the Team Run Event. Graders will add a (50) second violation to the run time in violation. AT No time will a coach, cadet, team member, parent, chaperone or Cadre run along or "pace" a Raider Team. Any Raider Team caught violating this rule is **DISQUALIFIED**. If for any reason a Raider Team member drops out of the Team Run Event after the run starts, the Team will ensure the cadet is taken care of by getting medical help or other help needed for that team member. Once help arrives the rest of the team can finish the run if so desired. Teams will incur a five (5) minute penalty for each team member who drops out of the run.

4. CONCEPT: Each Raider Team will report to the Team Run ready area and receive a briefing on the task, conditions and standards for the course. The team captain will receive a number for the team and conduct any last minute preparations. The team captain will ensure his/her judge has his/her number and report to that judge at the end of the run to sign the score card. When told to report to the starting line, the team will move forward, and a judge will give the command "Get Ready" and "Go". Time will stop when Last Raiders of that team crosses the finish line.

ATOA-HS-JROTC ANNEX D: (TEAM RUN) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), TEAM RUN

Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Meet **Team Run Score Sheet**

SCHOOL NAME _____

(circle 1) MALE TEAM

FEMALE TEAM MIXED TEAM

Team Check-in time _____

Uniform penalties CCR 145-2, paragraph 10-6, Personal Appearance and wear of the uniform. 50 seconds Sportsmanship Penalties: 30 seconds or disqualification for multiple violations

20 METER RULE	# of Violations	_ x 30 Sec	
DROP OUT	# of Violations	x 5 Min	-
ROUTE TIME			
PENALTY TIMI	Ε		
TOTAL TIME			

D-2

ATOA-HS-JROTC ANNEX E: (TIRE FLIP) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), <u>TIRE FLIP</u>

1. TASK: 10 member Raider Teams will flip a large tire a distance of 50 meters, cross a midpoint line and flip the same tire back to the start / finish line. Team captains will structure their teams into 2 groups of 5 cadets each. Time begins at the command of "Begin" and stops when the whole tire is completely across the start / finish line and on the ground. Female tire will not weight over 400 pounds, mixed will not weight over 550 pounds and male will not weight over 700 pounds.

2. CONDITIONS: Event is a relay style for time. Uniform for this event is ACU/OCP shirt, some type of water carrying devise (pistol belt, full canteen with cover, water bottle, camel back), ACU/OCP trousers, boots and gloves are OPITIONAL. This event will take place in a grassy area / field marked in lanes approximately 50 meters long and a minimum of 3 meters wide. See diagram below. Team captains will structure their teams into 2 groups of 5 cadets each. Each team type will flip the same size tire. If possible female teams, mixed teams and male teams will flip tires of progressive larger size. The judge will command "Get Ready" then "Begin". Time stops when the entire tire comes to rest across the start / finish line.

3. STANDARDS: The first group of five moves forward from a near side ready line then flips the tire 50 meters out, past a midpoint line. The second five-member section will move forward from a far side ready line and flips the tire back past the finish line. The members of the other section not flipping cannot lead or follow the section doing the flipping. Time starts when the judge commands "Begin" and ends when the tire comes fully to rest past the start / finish line. In the interest of safety, all five team members must remain behind or to the side of the tire at all times. The first group of five must flip the entire tire past the mid-point line and let it come to rest before the second group of five comes forward to begin flipping the entire tire past the start line. The lane judge will walk along with the five member teams as they traverse the approximately 50 meters course to observe and maintain a safe event execution. The tire is not allowed to twist or roll while being flipped. The tire must remain completely within the lane at all times while being flipped. If any portion of the tire comes in contact with the boundary line the team has committed a lane violation.

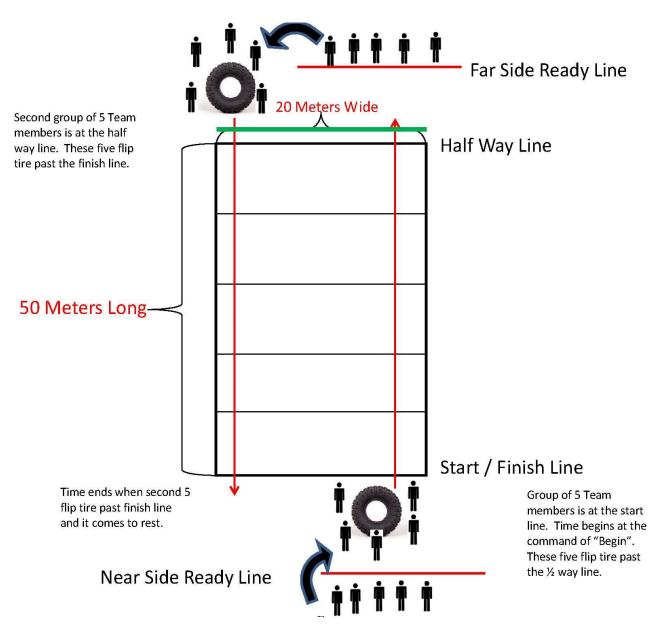
4. SAFETY: Team members cannot stand or move in front of the tire as it is being flipped.

- 5. PENALTIES:
- a. Allowing tire to roll in order to cover more ground: 30 seconds
- b. Allowing tire to twist in order to cover more ground: 30 seconds
- c. Cadets moving forward from the ready line before tire comes to rest: 30 seconds
- d. Lane violation: 30 seconds
- e. Intentional safety violation: Team is disqualified.
- f. Sliding the tire to cover more ground: 30 seconds
- g. Rolling tire disqualified.

E-1

ATOA-HS-JROTC ANNEX E: (TIRE FLIP) To Everglades HS (Toppers M. Le) 13th Annual Gator Raider Challenge Competition (SOP), <u>**TIRE FLIP**</u> is now 3-6 Meters not 20 meters wide as depicted below.

SAFETY NOTE: FOR MALE TEAMS YOU CAN NOT USE A TIRE THAT WEIGHTS OVER 700 LBS TOTAL WEIGHT, FOR MIXED TEAMS 550 LBS TOTAL WEIGHT, AND FEMALE TEAMS 400 LBS TOTALWEIGHT.



ATOA-HS-JROTC ANNEX E: (TIRE FLIP) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP), TIRE FLIP

TIRE FLIP Score Sheet

SCHOOL NAME Team Check-in time
MALE TEAM FEMALE TEAM MIXED TEAM (circle 1)
TIME: Raw Time:: (minutes : seconds & hundredths of seconds)
Disqualifications
No Gloves (full fingered)
Intentionally Rolling Tire
Intentional safety violation: Team is disqualified.
 Penalties: a. Allowing tire to roll in order to cover more ground: 30 seconds per occurrence b. Allowing tire to twist in order to cover more ground: 30 seconds per occurrence c. Cadets moving forward from the ready line before tire comes to rest: 30 seconds per occurrence d. Lane violation: 30 seconds per occurrence e. Sliding the tire to cover more ground: 30 seconds per occurrence
Penalties: Uniform penalties CCR 145-2, paragraph 10-6, Personal Appearance and wear of the uniform. 50 seconds
Sportsmanship Penalties: 30 seconds, disqualification for multiple violations.

Total violations: _____ Time: _____ TOTAL TIME: _____. ___. Seconds

ATOA-HS-JROTC ANNEX F: (STATEMENT OF INSURANCE COVERAGE) To Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).

STATEMENT OF INSURANCE COVERAGE

DATE: _____

NAME OF SCHOOL: _____

MALE FEMALE MIXED JV

(CIRCLE ONE)

I CERTIFY THAT THE FOLLOWING NAMED JROTC CADETS WHO ARE PARTICIPATING IN THE EVERGLADES HS (Toppers M. Le) 10th ANNUAL GATOR BATTALION RAIDER CHALLENGE COMPETITION HAS INSURANCE COVERAGE IN ACCORDANCE WITH AR 55-2 AND USACC REG 55-2:

SIGNED SAI/AI:	DATE
12	
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6	
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2	
1	

F-1

ATOA-HS-JROTC ANNEX G: (STATEMENT OF ELIGIBILITY) For the Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).

STATEMENT OF ELIGIBILITY

DATE:				
NAME OF SCH	100L:			
	MALE	FEMALE (Circle One)	MIXED	JV
THE EVERGLA COMPETITION HIGH SCHOOL	ADES HS (Toppers NARE ELIGIBLE ATHLETIC ASS		ATOR BATTALI Y MEET THE CH TTY AND SCHO	ON RAIDER CHALLENGE RITERIA OF THE FLORIDA OL STANDARDS FOR
1				
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7				
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		fficial Only) from Guidance	or Registrar	

G-1

ATOA-HS-JROTC

ANNEX H: (COVENANT NOT TO SUE) For the Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).

COVENANT NOT TO SUE

Statement Required by Privacy Act of 1974

1. Authority: Title 10, US Code 2102

2. Standard Purpose (s): To release the U.S. Government – US Army JROTC, Everglades High School, School Board of Broward County, the 6th ROTC Brigade, the State or County Parks from liability for injury, death, or damages for JROTC cadets participating in voluntary off-campus training programs.

3. Routine Uses: Normal personnel actions. Disclosure of information may be provided to proper authorities in actions regarding law enforcement, legal actions as a result of injury or death, investigations of accidents resulting from such voluntary off-campus training.

4. Mandatory or voluntary disclosure and effect on individual not providing information: Disclosure is voluntary. Failure of the individual to complete this form will disqualify the JROTC cadet from participating in specific voluntary off-campus training.

I,, resid	ding at
(Type or Print Full Name)	(Street Address)
	, ()
(City, State, Zip)	(Area Code – Phone#)
do hereby agree that in consideration for being allowe	ed to participate in any Army JROTC Raider Meet
conducted by the 6th ROTC Brigade, U.S. Army Cade	et Command, a U.S. Army JROTC supervised activity,
and whereas I am doing so entirely on my own initiati	ive, risk and responsibility; and being fully aware of
the risks adhering to this type of training. I hereby RE	I FASE AND DISCHARGE FOREVER the U.S.

the risks adhering to this type of training, I hereby RELEASE AND DISCHARGE FOREVER, the U.S. Army, the State of Florida, the School Board of Broward County, and the host school and all of its officers, agents, and employees, acting officially or otherwise, from any and all claims, demands, actions, or cause of action, on account of myself or on account of any injury to me which may occur from any cause during said activity or continuances there of; and I do further covenant and agree to hold the said Government of the United States, U. S. Army JROTC, the State of Florida, Broward County Schools, the host high school, and the host school JROTC Department and its officers, agents, and employees and volunteers blameless for any and all damage which I may cause either intentionally or through my negligence.

(Signature of Parent/Guardian)	(Signature of Cadet Participating)		
(Print Name of Parent/Guardian)	(Print Name of Cadet)		
(Relationship to Cadet)	(Age/Period Covered)		
(Date of Signature)	(Witness)		

H-1

ANNEX I: (RISK ASSESSMENT) to Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP)/(MOI), <u>Risk Assessment</u>.

1. MISSION/TASK DESCRIPTION: Everglades HS (Toppers M. Le) 13 th Annual Gator Battalion Raider Challenge Competition					2. DATE: (21 October 2023)	
3. PREPARED BY					<u> </u>	
a. Name: (Last, First, Spielvogel, Kenneth				b. LTC/05	c. Duty Title/Position SAI, Everglades JROTC. Me	et Director
d. Unit: Everglades High Scl	hool Army JROTC	e. Work e Kenneth.		gel@browardschools.com	f. Telephone (DSN/Commercial (II Code) 754-323-0557	nclude Area
g. UIC/CIN (as require	<i>d</i>)	h. Training required) 10	g Suppor D th Annual	t/Lesson Plan or OPORD (as Toppers M. Le Raider Competition	i. Signature of Preparer <i>Kenneth</i>	W. Spielvogel
				ss the hazards (3) Develop con not equal to numbered items of		
4. SUBTASK/ SUBSTEP OF MISSION/TASK	5. HAZARD	6. INIT RISI	TIAL K	7. CONTROL	8. HOW TO IMPLEMENT/ WHO WILL IMPLEMENT	9. Residual Rick level
Raider Meet Events: Raider Fitness	Dehydration	Mee	lium	Provide and consume water IAW heat category level	How: - Dress according to weather conditions - Conduct risk assessment safety briefing	Low
Challenge On-Rope Bridge Cross-Country Rescue	Hot weather and potential heat injuries	, Mee	lium	Dress appropriate/hydration prior evening/monitor heat category WET BULB hourly	 Ensure cadets are drinking water or regular basis Give class on snakes, spiders and poisonous plants in the area Brief cadets on behavior and safety standards Direct Supervision by JROTC instructors and chaperones Who? Event OIC/NCOIC, 	Low
Team Run Tire Flip Closing/Award	Bodily injuries due to obstacles and uneven groun	nd Mee	lium	Brief terrain and safety issues and concerns		Low
Ceremony	Wildlife to include snakes, insects, bees, hornets, yello jackets		lium	Brief terrain and safety issues and concerns		Low
	Horse play and rough housing by cadets	Mee	lium	Close supervision of cadets by JROTC instructors and chaperones		Low
10. OVERALL	RESIDUAL RISK	LEVEL	(All c	ontrols implemented):		·
Extremely H		High]	Med		Low
Risk is a Low due t	o assiduous training p	rior to the	compe	NDED COURSE OF ACTIOn tition, competition is taking nes. Discipline is the priorit	g place at a high school camp	us, with
12. APPROVAI	OR DISAPPROV	AL OF N	MISS	ION OR TASK	PPROVE DISAPPRO	OVE
a. Name: (Last, Firs b. Green, Kenneth		. Rank/Grade LTC/O5		Duty Title/Position oordinator, JROTC Programs	e. Signature of Preparer <i>Renneth P. Green</i>	
e. Additional Gu	uidance:					
L				I-1		

4. SUBTASK/SUBSTEP OF MISSION/TASK	5. HAZARD	6. INITIAL RISK LEVEL	7. CONTROL	8. HOW TO IMPLEMENT/ WHO WILL IMPLEMENT	9. RESIDUAL RISK
Raider Fitness Challenge	Bodily injuries due to obstacles, weighted objects, leaping, jumping, running	medium	Brief task, conditions, standards. Station cadre at each obstacle to ensure safety standards are met	How: Train cadets on proper procedures and constant supervision Who: Event OIC/NCOIC and cadre	low
One-Rope Bridge	Falling from rope due to improper procedures, improperly tied rope		Brief task, conditions, standards. Train cadets on proper procedures before event	How: Cadre control, constant supervision, proper knots are tied Who: Event OIC/NCOIC and cadre	low
	Rope Burns		Wear proper clothing and equipment	How: Ensure proper clothing and safety gear is readily available and worn Who: Event OIC/NCOIC and cadre	low
Tire Flip	Tire landing on foot/leg, muscle pulls	medium	OIC/NCOIC and cadre will ensure all personnel have proper footwear, five cadets will be flipping tire	How: Brief that five cadets must be flipping tire at all times Who: Event OIC/NCOIC and cadre	low
Team Run	Blisters	medium	All cadets will wear running shoes	How: Brief cadets and inspect running shoes for serviceability Who: Event OIC/NCOIC and cadre	low
Cross-Country Rescue	Falling with litter, carrying rucksacks	medium	Cadets will not be in front of the litter (on sides or behind) while transporting, weight of litter is 80lbs, rucksacks is 20lbs.	How: Train cadets on proper procedures and constant supervision Who: Event OIC/NCOIC and cadre	low
Closing Ceremony	Heat related injuries	medium	Conduct closing/award ceremony indoors (preferred) or in the shade	How: Cadets will remove OCP jacket (t-shirt only), rehydrate Who: Cadre, judges, chaperones	low

ATOA-HS-JROTC

ANNEX J: (POWER OF ATTORNEY) To the Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP).

POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESE	NTS: That I,	, a
	(First, MI, Last)	
legal resident of	and residing at(Street Address	
(City & State)	(Street Address)
Have made, constituted and appointed a	nd by these presents do make, constitute and appoi	nt
	esent address is	,
(SAI or AI)	(Street, City, State, and Zip Co	
•	llows. GIVING and GRANTING unto my said atto	orney full power
to authorize medical treatment or exami	v 1	
	ny act or thing lawfully done hereunder for me or fe	
•	t all endorsements and instruments executed by my	said attorney
	gal and personal representatives, and assigns.	
	transacted hereunder for me or for my account sha	
	l instruments executed by my said attorney for the	
	contain my name, followed by that of my said atto	rney and the
designation "attorney-in-fact."		
	rminated by me, this special Power of Attorney sha	all become NULL
and VOID from and after 1 January 202		
IN WITNESS WHEREFORE, I have he	ereunto set my hand and seal thisday of	, 2021.
WITNESS (signature of parent / guardia	an)	
ACKNOWLE	DGEMENT (Completed by Notary Public)	
I,	, do hereby certify that I am a duly co in and for the; that	ommissioned,
qualified, and authorized notary public i	in and for the; that	
	tor, in the foregoing Power of Attorney hereto ann	
within the territorial limits of my author	son who executing Power of Attorney, appeared be ity, being first duly sworn, acknowledged that he e	xecuted said
	been read and duly explained to him, and that suc	h execution was
his free and voluntary act and deed for t		
	o set my hand affixed my official seal this	Day of
, 2021.		
My Commission Expires:		
Signature of Notary Public:		

ATOA-HS-JROTC

ANNEX K: (Cadet Uniform Standards) To the Everglades HS (Toppers M. Le) 13th Annual Gator Battalion Raider Challenge Competition (SOP). <u>11-3 Cadet Uniforms</u>

a. Authority. Each Cadet authorized to participate in JROTC may, if furnished, at government expense, in-kind uniforms. The authority for issuing in-kind uniforms to Cadets is CTA 50–900. Schools that provide a Cadet-type uniform or desire to purchase issue-type uniforms from the Army or commercial sources may receive authorization to do so in place of receiving Army-issued uniforms at no cost to the Government. The operating policies and procedures concerning the supply of issue uniforms to schools are outlined in AR 700-84.

b. Types of uniforms. This section outlines basic policies on uniforms for JROTC Cadets and students. The Army uniform and the ACU are authorized for wear by JROTC Cadets. The Class A or B uniform is the standard for the classroom and campus. The ACU is to be worn only on an exceptional basis for adventure training, JCLC, or special team activities, but not on campus during the school day. Cadre may request to wear the ACU in exceptional circumstances. The request must be signed by either the principal or superintendent and be sent through brigade to USACC.

(1) Army issue uniform. This uniform is identical to that issued to enlisted members of the Army Active, Reserves, and National Guard. JROTC units electing to wear the Army issue uniform must comply with the following guidelines.

(a) Uniform wear and display of ribbons and accouterments must comply with this regulation.(b) Army issued uniforms must include insignia which distinguish them from standard active duty Active Army uniforms.

(c) Braids and stripes are not an authorized part of the uniform.

(2) Distinctive uniform. This uniform must be so distinctive in design and/or fabric that it cannot be confused with an Army uniform. Units electing to wear distinctive uniforms must request and receive approval, from USACC, for uniform design, style, and material.

c. The mix of civilian attire with the Army uniform, such as school jacket, sweater, etc., is not authorized.

d. Institutions are encouraged to support drill teams, raider teams, rifle teams, drum and bugle corps, bands, color guards, and other appropriate integrated-curricular activity teams. Modification of the Army uniform for these activities is not authorized. However, special uniform accessories such as chrome helmets, and colored webbing are acceptable if obtained at no cost to the government.

11-4. Wear of the JROTC Uniform by Cadets

a. Cadets will wear Class A or B uniforms at least once a week.

(1) Class A Uniform. The Class A uniform is generally worn for inspections in the winter. The Class A uniform is also worn during ceremonies, social functions, and formal inspections. The tie or neck tab must be worn with this uniform and all buttons must be buttoned. Underneath the jacket, the Cadet will wear the AG 344 or the AG 415 shirts.

(2) Class B Uniform. The Class B uniform is generally worn for inspections in the summer months and in the late spring. The Class B uniform is always worn under the Class A uniform. You do not have to wear a tie or a neck tab with this uniform unless it has long sleeves or with the Class A uniform coat. The placement of awards and ornamentation in the pocket areas is the same as on the Class A uniform.

b. Unless specifically authorized, uniforms will not be worn outside the United States and its territories. The local installation commander will establish guidelines for the wear of uniforms in the DODDS schools.

c. The DAI/SAI publishes guidelines for wearing the uniform. However, a DAI/SAI may not publish guidelines which counter this regulation or that support any activity other than those specifically related to JROTC. The following are considered appropriate occasions to wear the Army uniform.

(1) Leadership laboratory.

(2) When visiting a military installation to participate in military drill or exercises.

(3) Military social functions.

(4) Parades and similar ceremonies.

d. JROTC Cadets are prohibited from wearing the Army uniform in the following situations:

(1) In connection with the furtherance of any political or commercial interests, or when engaged in off-duty civilian employment.

(2) When participating in public speeches, interviews, picket lines, marches, rallies, or public demonstrations, except as authorized by the CG, USACC.

(3) When attending any meeting or event that is a function of, or is sponsored by, an extremist organization.

(4) When wearing the uniform would bring discredit upon the Army.

(5) When specifically prohibited by Army regulations.

e. Instructors who fail to inform Cadets of this regulatory guidance or permit Cadets to participate in such activities in uniform will be immediately probated and/or decertified. Cadets who knowingly violate this regulation will be disenrolled from JROTC.

f. School administrators may not authorize or ask instructors to authorize wear of the uniform when supporting any activity other than those specifically related to the JROTC Program.

11-5. Uniform Appearance

a. Uniforms must present a neat and clean appearance. Loose strings will be cut from the uniform. No jewelry, watch chain, combs, checkbooks, pens, pencils or similar items will appear exposed on uniforms. The Army uniform will not be mixed with civilian clothing. Bulky items in pockets distract from the uniform. While in uniform, Cadets will not place their hands in their pockets except momentarily to place or retrieve items.

b. Headgear is part of the uniform. Cadets are required to wear the gray berets while outdoors or when carrying air/drill rifles or a saber. The gray berets with a distinctive flash is the only authorized headgear to be worn with the dress uniform.

c. Cadets are approved to wear the following religious headgear with the JROTC uniform: turban, hijab and yarmulke. Headgear will be conservative and subdued in color (black, brown, green, dark or navy blue or a combination of these colors). The headgear cannot bear any writing, symbols or pictures. Cadets may wear approved religious headgear in place of military headgear (e.g., turban and hijab). Standard JROTC headgear will be worn when it can completely cover the religious headgear (e.g., yarmulke). Approved headgear are authorized for wear during all JROTC activities (i.e., drill team, color guard, parades, speaking engagements, etc.) that do not pose a risk to the safety of the Cadet, Cadre or others. For example, a Cadet wearing religious headgear can be exempted from certain —Special Hazardl Training events that may result in injury to the Cadet or support personnel such as obstacle courses / rappelling etc.

d. To ensure consistency across the JROTC program, exceptions to Cadet uniform policies will be forwarded to and approved by the Commander, USACC on a case-by-case basis. To ensure appropriate compliance with current laws and regulations, the Commander, USACC will forward recommendations for disapproval to the Army G-1 within 30 days of the initial request for final adjudication.

11-6. Personal Appearance

JROTC is a uniformed organization which is judged, in part, by how a Cadet wears a prescribed uniform and maintains their personal appearance. Therefore, a neat and well-groomed appearance by all Cadets is fundamental to JROTC and contributes to building the pride and esprit essential to an effective Corps of Cadets.

a. Hair Styles. Many hairstyles are acceptable, as long as they are neat and conservative. Hair will be neatly groomed. Absolutely **no man buns, man ponytail, top knot, or samurai hair, on male cadets**. The length and bulk of hair will not be excessive or present a ragged, unkempt, or extreme appearance. Hair will not fall over the eyebrows or extend below the bottom edge of the collar. Lines or designs will not be cut into the hair or scalp. If dyes, tints, or bleaches are used, colors used must be natural to human hair and not present an extreme appearance. Applied hair colors which are prohibited include, but are not limited to, purple, blue, pink, green, orange, bright (fire-engine) red, and fluorescent or neon colors. It is the responsibility of instructors to use good judgment in determining if applied colors are acceptable, based upon the overall effect on Cadets' appearance.

(1) **Males**. Sideburns will be neatly trimmed. The base will not be flared and will be a cleanshaven, horizontal line. Sideburns will not extend below the lowest part of the exterior ear opening. **The face will be clean-shaven**, except for permitted mustaches. **Males are not authorized to wear braids, cornrows, or dreadlocks (unkempt, twisted, matted, individual parts of hair) while in uniform**. Hair that is clipped closely or shaved to the scalp is authorized.

(2) **Females**. Hairstyles will not interfere will proper wearing of military headgear. Hair holding ornaments (barrettes, pins, clips), if used, must be transparent or similar in color to hair, and will be inconspicuously placed. Beads or similar ornamental items are not authorized. **Females may wear braids and cornrows as long as the braided style is conservative and the braids and cornrows lie snugly on the head. Hair will not fall over the eyebrows or extend below the bottom edge of the collar at any time during normal activity or when standing in formation.** Long hair that falls naturally below the bottom edge of the collar, to include braids, will be neatly and inconspicuously fastened or pinned, so that no free-hanging hair is visible.

b. **Fingernails.** Cadets will keep fingernails clean and neatly trimmed so as not to interfere with performance of duty. **Females may wear polish that is not exaggerated, faddish, or of extreme coloring (such as purple, gold, blue or white) while in uniform**.

c. Cadets are expected to maintain good hygiene while in uniform. Tattoos are **Hygiene and Tattoos.** authorized except in areas of the body which would cause the tattoo to be exposed while in Class A uniform. Tattoos or brands that are extremist, indecent, sexist, or racist are prohibited, regardless of location on the body, as they are prejudicial to good order and discipline within the unit, the school, and the community.

d. Religious wear.

(1) Cadets may wear religious headgear while in uniform as long as it meets the following criteria.

(a) It must be subdued in color (black, brown, green, dark or navy blue, or a combination of these colors).

(b) It must be of a style and size that can be completely covered by standard military headgear.

(c) The headgear cannot bear any writing, symbols, or pictures.

(2) Exceptions to appearance standards based on religious practices.

(a) The term —religious apparell is defined as articles of clothing worn as part of the observance of the religious faith practiced by the Cadet. Religious articles include, but are not limited to, medallions, small booklets, pictures, or copies of religious symbols or writing carried by the individual in wallets or pockets. Except as noted below, Cadets may not wear religious items if they do not meet the standards of this regulation. Requests for accommodation will not be entertained.

(b) Cadets may wear religious apparel, articles, or jewelry with the uniform, if they are neat, conservative, and discreet. —Neat conservative, and discreet is defined as meeting the uniform criteria of this regulation. In other words, when religious jewelry is worn, the uniform must meet the same standards of wear as if the religious jewelry were not worn. For example, a religious item worn on a chain may not be visible when worn with uniforms. The width of chains worn with religious items should be approximately the same size as the width of the ID tag chain.

11-8. Authorized Uniforms and Insignia

a. The insignia and accouterments prescribed in this regulation will be worn on the issue-type uniform.

b. Insignia other than that prescribed for wear with the issue-type uniform may be worn with the Cadet-type uniform at the discretion of the institutional officials. However, the distinctive JROTC shoulder sleeve insignia is mandatory. TIOH approves school distinctive insignia and accouterments.

11-9. Unauthorized Uniforms and Insignia

The following are not authorized for wear with JROTC uniforms or by persons associated with JROTC:

a. Designs of medals, badges, ribbons, and shoulder cords which conflict with those authorized for wear by the federal or any foreign government.

b. Insignia consisting of the letters 'U.S.

c. Badges or insignia, other than JROTC Marksmanship qualification badges, which resemble badges of other services.

d. Oak leaf clusters, palms, stars, or similar items that, that resemble federal designs.

e. JROTC Cadets are not authorized to wear similar colors of the following Total Army units: Special Forces (green); Ranger (tan); Airborne (maroon); and other Soldiers (black) berets.

The wear of the above berets is reserved exclusively for units of the Total Army.

f. Cadets are not authorized to wear the full color US flag insignia.

11-11. Corps and Collar Insignia

(3) ACU by all Cadets. No Corps collar insignia on ACU.

11-12. Insignia of Grade for Cadet Officers

a. Description. The insignia for Cadet Officers consists of silver (white) color on black background, cloth epaulet sleeve with lozenges and discs. The sleeve is 4 inches in length for males and 3 inches in length for females. Cadets may wear disc insignia at the discretion of JROTC instructors.

b. Grades will be indicated on the shoulder epaulet sleeve as follows.

(1) Cadet Colonel: three lozenges.

(2) Cadet Lieutenant Colonel: two lozenges.

(3) Cadet Major: one lozenge.

(4) Cadet Captain: three discs.

(5) Cadet First Lieutenant: two discs.

(6) Cadet Second Lieutenant: one disc.

c. How worn. These grade insignia are worn on both shoulder epaulets of the AG 344 and the Army Shade 415 gray-green shirt. When wearing grade disc insignia, the disc will be centered between the bottom of the button hole and the top of the shoulder seam of the garment. On ACU: Embroidered grade is centered on the hook and loop-face pad of the ACU coat. Multiple-disc grades are won vertically on the ACU coat, but horizontally on the ACU cap.

11-13. Insignia of Grade for Cadet Noncommissioned Officers and Enlisted Members

a. Description. Insignia is of silver (white) color on black background, cloth shoulder epaulet sleeve with chevrons, bars, and diamond, star or star within wreath, indicating noncommissioned officer grades. The shoulder epaulet sleeve is four inches long for males and three inches long for females. Cadets may wear pin-on insignia of grade at the discretion of JROTC instructors.

b. Grades will be indicated on the shoulder epaulet sleeve as follows.

(1) Cadet Sergeant Major: three chevrons above three bars with a star within a wreath between the chevrons and bars.

(2) Cadet Staff Sergeant Major: three chevrons above three bars with a star between the chevrons and bars.

(3) Cadet First Sergeant: three chevrons above three bars with a diamond between the chevrons and bars.

- (4) Cadet Master Sergeant: three chevrons above three bars.
- (5) Cadet Sergeant First Class: three chevrons above two bars.
- (6) Cadet Staff Sergeant: three chevrons above one bar.
- (7) Cadet Sergeant: three chevrons.
- (8) Cadet Corporal: two chevrons.
- (9) Cadet Private First Class: one chevron above one bar.
- (10) Cadet Private: one chevron.
- (11) Cadet Basic: no insignia of grade.

c. How worn. The shoulder epaulet sleeve is slipped over shoulder epaulet of uniform so that the insignia will be centered on the outer half of both shoulder loops of the coat, overcoat, or shirt when worn as an outer garment. When wearing grade disc insignia, the disc will be centered between the bottom of the button hole and the top of the shoulder seam of the garment. On ACU the embroidered grade is centered on the front hook and loop-face pad of the ACU coat, with chevrons pointed up.

11-14. JROTC and School Shoulder Sleeve Insignia

a. The JROTC shoulder sleeve insignia.

(1) Description. The shoulder sleeve insignia is a rectangular device 3 5/8 inches in height and 2 1/2 inches in width, consisting of a gray center edged with a 1/8 inch scarlet border at the top and bottom. On this device is a yellow olive wreath surmounted in the vertical center by a yellow torch inflamed. Above the center is a white horizontal scroll inscribed 'U.S. Army' and below the center is a white scroll inscribed 'JROTC' all in scarlet letters 5/16 inch in height. The entire device is within a 1/8 inch scarlet border.

(2) How worn. It is worn on the upper part of the outer half of the left sleeve of the Army coat and ACU uniform. The top of the insignia will be worn 1/2 inch below the top of the shoulder seam.(3) Uniform worn. Issue or Cadet-type uniform.

(4) JROTC subdued shoulder sleeve insignia. The subdued shoulder sleeve insignia will be worn when wearing the ACU.

b. School shoulder sleeve insignia may be procured at government expense.

(1) Description. Approved designs that have been submitted to and approved by TIOH, USA.

(2) How worn. On right sleeve in the corresponding position to the shoulder sleeve of the Army coat

and ACU. The top of the insignia will be worn 1/2 inch below the top of the shoulder seam.

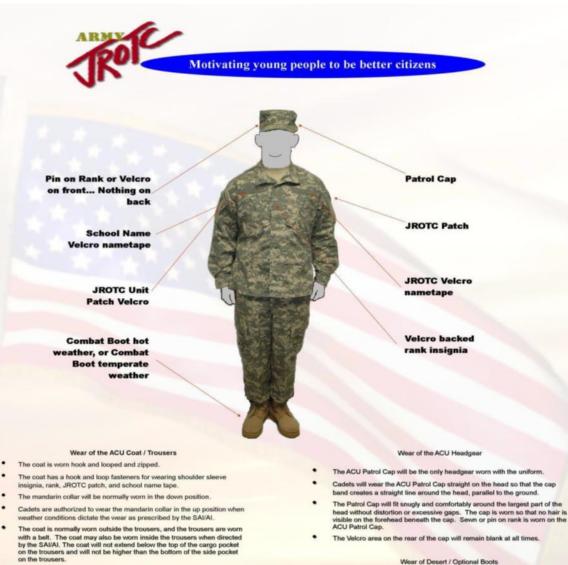
(3) Uniform worn. On issue or Cadet-type uniform.

11-18. Nametape

The JROTC nametape will be:

a. Woven tape of olive green cloth, one-inch wide, with the inscription 'JROTC' in black block letters 3/4 inch high.

b. The insignia tape is worn immediately above, and parallel to the top edge of the left breast pocket of temperate, hot-weather, ACU coat; ACU field jackets; and on organizational clothing when required and prescribed by the commander issuing the organizational clothing.



Wear of Desert / Optional Boots

- Black boots are NOT authorized for wear with the ACU.
- Army Combat Boots (Hot Weather and temperate weather) made of tan rough side out cattle hide leather with a plain toe and tan rubber outsoles.
- The boots are laced diagonally with tan laces, with excess lace tucked into the top of the boot under the bloused trousers, or wrapped around the top side of the boot.
- Only boots with tan rubber outsoles are authorized for wear.

The ACU Care Policy

- Wash in cold water and mild detergent containing no optical brighteners or bleach. Tumble dry at low heat (not to exceed 130 degrees Fahrenheit).
- ٠ Remove immediately from the dryer and fold flat or place on a rustproof hanger to ensure heat from the dryer does not set wrinkles.
- To drip dry, remove from the washer/water and place on a rustproof hanger. Do not wring or twist. " ٠

...DO NOT STARCH THE ARMY COMBAT UNIFORM UNDER ANY CIRCUMSTANCES. THE USE OF STARCH, SIZING, AND ANY PROCESS THAT INVOLVES DRY-CLEANING OR A STEAM PRESS WILL ADVERSELY AFFECT THE TREATMENTS AND DURABILITY OF THE UNI-FORM AND IS NOT AUTHORIZED'

ACU MILPER MESSAGE, AMENDMENT TO AR 670-1

The elbow pouch with hook and loop closure for internal elbow pad inserts

Cadets will wear the trousers tucked into the top of the boots or bloused using the draw strings at the bottom of the trousers . When bloused, the trousers should not extend below the third eyelet from the top of the boot.

The ACU is meant to fit loosely and comfortably. Alterations to hinder this

Cadets will not wrap the trouser leg around the leg tightly enough to present a pegged appearance or insert any items inside the trouser leg to create a round appearance at the bottom of the trouser leg.

Sleeves will be worn down at all times, and not rolled or cuffed. The moisture wicking tan t-shirt or cotton t-shirt is worn underneath the

coat and it is tucked inside the trousers at all tim

Cadets will wear the ACU in accordance with CCR 145-2.

must be closed at all times

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trou

is not authorized.